

KENT STATE SUMMER GYMNASTICS CAMP - 2019

The Kent State University Hold Harmless Agreement needs to be completed, signed and submitted to us by a parent or guardian at check in on the first day of camp. **YOU WILL NOT BE ABLE TO PARTICIPATE WITHOUT THIS FORM!** The medical form and general camp information are available at www.kentstategymnasticscamps.com , click “KSU Medical Form” in the camp details link.

Below is a tentative schedule. Please pay attention to pick-up and drop-off times:

DATES:	June 16-19	or	June 23-26
REGISTRATION	June 17	10-11am	Location : Centennial Court B (commuters 10:30am)
	June 24	10-11am	Location : Centennial Court B (commuters 10:30am)
GETTING TO CAMPUS			

[2016-2017_Campus-Map.pdf](#)

Please put the co-ordinates Midway Drive and Rt. 59 Kent Ohio 44242 into your GPS. Follow Midway drive into campus. Centennial Court B will be on your left. There will be parking on your right in the Taylor Hall lot or on the street. I would suggest leaving your things in the car and coming into the lobby to register and then going back and getting your campers stuff.

COMMUTERS: The first day of camp please come to Centennial Court B to register. After that: Please drop off and pick up your campers at the MAC center gymnastics room located in the back of the MAC Center each day. Please sign your camper in and out each day. You will need to come all the way into the gym to sign them out. On registration day commuters do not need to come to register until 10:30am (ish)

RESIDENT CAMPERS: All resident campers will be roomed with their roommate request if and only if both campers requested each other. If not, we will do our best to place campers with campers close to their age.

SPECIAL LEO DAYS:

Sunday: wear a leo with your gym name on it

Monday: favorite leo day

Tuesday: wear a leo from your favorite meet

Wednesday: Kent pride : bring out your blue and gold.....

(These are not mandatory but a fun thing for the campers to do.)

WEDNESDAY (LAST DAY) OF CAMP: Please pick up your camper on Wednesday at the gym at the MAC Center at 3pm..

I would suggest parking in the pay lot in the front of the MAC Center if you are a commuter. If you are a resident camper you may want to park in the lot that you did for check in. There are meters.

ALL CAMPERS WILL HAVE TO CHECK OUT WITH A PARENT SIGNATURE TO LEAVE CAMP THE LAST DAY. YOU AS THE GUARDIAN WILL BE RESPONSIBLE FOR CHECKING YOUR CAMPER OUT OF THE DORMS. BECAUSE ONCE THEY SIGN OUT WITH OUR STAFF IN THE GYM THEY ARE BACK INTO YOUR SUPERVISION. YOU WILL NEED TO WALK YOUR CAMPER OVER TO THE DORMS, MOVE THEIR THINGS OUT AND CHECK OUT WITH A STAFF MEMBER AT THE DORMS AS WELL.

MEALS:

As stated on the website, commuter campers will receive lunch and dinner.

Meals will consist of a combination of the following each day:

Breakfasts: Egg sandwiches, hash browns, cantaloupe slices, mini muffin variety, cereal station, sausage/bacon, pastries and biscuits scrambled eggs, French toast pancakes, various fruits

Lunches: pulled pork bbq, mac and cheese, corn, fried chicken sandwich, cheesy potato, green beans, chicken parmesan on roll, pasta salad, variety of fruits

Dinners: bbq chicken quarters, cheesy potatoes, mixed vegetables, baked beans, desert, chicken enchilada bake, Spanish rice, refried beans, mixed veggies, corn chips and salsa, dessert, spaghetti, chicken parmesan , garlic bread, green beans, meat sauce dessert, various fruits

*Due to the number of campers we do not do specific meal alterations. If campers have meal allergies they are welcome to bring their own meals to camp. We have refrigerator space for meals brought from home.

Cancellation / Refund: Your camp fee, less a \$75.00 nonrefundable administrative fee, will be refunded without question if you cancel TWO WEEKS PRIOR to the start of camp. At any time after that date, a refund less a \$75.00 administrative fee will be made for medical reasons only and must be accompanied by a signed medical statement from your physician. All medical refund requests must be made within 30 days of the end of camp. If no request for cancellation is made within 30 days, no refund will be given, including no-shows.



PLEASE DO NOT TAPE ANY SIGNS ONTO THE WALLS OR DOORS OF THE DORMS. PLEASE DO NOT USE GLITTER ON SIGNS. THERE WILL BE A DRY ERASE BOARD OUTSIDE EACH ROOM TO WRITE THE GIRLS NAMES ON AND TO DECORATE

What to bring to camp:

- | | | | |
|-------------------------|---------------------|--------------------------|-------------------|
| Tennis Shoes | Socks | Pajamas | Toiletries- |
| T-shirts | Sweatshirts | Comforter/Blanket | Alarm Clock |
| Sports Bras | Sweatpants | Towels | Sheets: twin long |
| Grips/Wrist Guards | Athletic Socks | Pillow | Umbrella |
| Swim Suit & beach towel | Water Bottle | Leotards (more than one) | |
| Bedding | games for down time | | |

*Mini fridges and microwaves are provided in each dorm room.
 *Additional spending money would not be a bad idea for vending machines in the dorms

We are pleased that you have chosen Kent State University’s Gymnastics Camp. If you have any questions, please call (330) 672-8411.

GO FLASHES!!

Sharon Sabin
 Assistant Women’s Gymnastics Coach

PS.

JUST A LIST OF FAQ'S

DORMS

- 1.If you lose your room key and do not find it by the end of camp it will cost you \$40.
2. If you pull a fire alarm or play with fire alarm equipment in the dorms it will cost you up to \$500
3. No campers can leave the dorms without a supervisor or group leader. If you do you will be sent home immediately. Once we get back to the dorms campers do not go outside
4. If anyone is found smoking in the dorms or alcohol, they will be asked to leave camp immediately
5. Counselors are NOT allowed to sleep in campers rooms. If a camper is sick they are to come to counselors rooms. Counselors doors are always open.
5. Free time in the dorms, is free time to play with other campers and make friends. There are no planned activities during this time.
6. We fulfill the ratio of counselor to camper numbers set by the university. We do bed checks nightly
7. If your room is left very messy, there will be an additional clean up fee set forth by the university.

GYM

- 1.Groups in the gym will be based on ability level. Everyone will be tested the first day of camp to be placed properly. There may be girls from different levels in each group.
2. Gymnasts are to participate in all rotations in the gym.
3. Grips are not required, only if they usually use them
4. A leotard is required to be worn during gymnastics sessions

GENERAL

- 1.We will base t shirt sizes on sizes that were given to us during online registration
- 2.Parents are more than welcome to come and watch open gym each day. Please check schedule
- 3.If there is a weather situation, we will do what is in the best interest of the campers.
- 4.Commuter campers will have to sign out each day with a staff member
5. Free time in the dorms, is free time to play with other campers and make friends. There are no planned activities during this time. But there will be supervision.
6. Our trainers on staff are for first response only. They cannot administer medication to campers. Please make sure your camper can take their own medications.
7. Our staff members are not allowed to administer medicines. If there is a daily medication that your child takes please make sure they can take it on their own each day.